

CURRICULUM VITAE

Claus VÖGELE

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Nationality: German

ACADEMIC DEGREES AND PROFESSIONAL QUALIFICATIONS

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|------|---|
| 1983 | Diplom in Psychology (First Class)
(equivalent to MSc)
University of Landau |
| 1988 | Ph.D.
Department of Psychology, University of Hamburg |
| 1997 | Habilitation in Psychology and Clinical Psychology
(Professorial qualification)
Department of Psychology, University of Marburg |
| 2000 | Charter in Clinical Psychology and Charter in Health Psychology
(Statement of Equivalence in Clinical Psychology)
Membership and Qualifications Board, The British Psychological Society |
| 2006 | Health Psychology Stage 2 Supervisor recognition
Division of Health Psychology, The British Psychological Society |
| 2011 | Registration with the Health and Care Professions Council
(HCPC) (UK) as Practitioner Psychologist (Clinical Psychologist,
Health Psychologist) |
| 2013 | Recognition as Applied Psychology Practice Supervisor (Clinical
Psychology, Health Psychology, Teaching and Research)
Membership and Qualifications Board, The British Psychological Society |
| 2019 | Recognition as Psychotherapist in Luxembourg
(Ministère de la Santé, Luxembourg) |

RESEARCH AREAS

Clinical Psychology, Health Psychology, Biological Psychology, Psychophysiology, Behavioural Medicine

RESEARCH GRANTS

- 1985: *Physiological and subjective stress responses in surgical patients* (Studienstiftung des deutschen Volkes, term 3 years). - PI
- 1987: *Cardiovascular, electrodermal and endocrine reactions in passive coping situations* (DFG, term 1 year). – Co-PI.
- 1988: *Palmar sweat gland activity (PSI) under laboratory stress conditions: An examination of methodological issues* (UCB Pharmaceuticals, Brussels, term 1 year). - PI
- 1993: *Psychophysiological reactions to achievement stress and interpersonal conflict in patients with bulimia nervosa* (DFG, term 3 years, DM110.000). – Co-PI
- 1994: *Reliability and prognostic validity of cardiovascular reactivity to mental stress* (DAAD, term 2 years). – PI.
- 1996: *Psychophysiological reactivity and malnutrition status in bulimic patients* (DFG, term 3 years, DM164.000). – Co-PI.
- 2005: *Emotion regulation and health risk behaviours in children* (Alfried-Krupp-Science Foundation, term 5 months, €37.150). - PI
- 2005: *Understanding the role of the home environment in promoting obesity in “at risk” children* (Joint Innovation Fund, Universities of Surrey and Roehampton, term 1 year, £29.530). - PI
- 2007: *Professional Development Certificate in Mental Health Assessment* (UK India Education and Research Initiative, term 1 year, £52.500). - PI
- 2009: *Behavioural models for prevention of obesity with a particular focus on children*. EU, call for FP7 projects (14 consortium partners; term: 3.5 years; total volume: €2,5 mio). - Partner
- 2010: *Emotion Regulation and Decision-Making: Self-regulation in Practice*. Université du Luxembourg (term 3 years, €309.000). - PI
- 2011: *Neurophysiological correlates of body image disturbances in Anorexia nervosa*. Fonds National de la Recherche (AFR PhD - FNR) (term 3 years, €111.000). - Supervisor
- 2011: *An individually adaptable, BNCI-based, remote controlled Cognitive Enhancement Training for successful rehabilitation after stroke including home support and monitoring*. EU, ICT call FP7 projects (total applied for by 7 consortium partners: €3,5 mio, Luxembourg: €625.000). - Partner
- 2012: *Self-Regulation and Pain - Psychological factors in endogenous analgesia (SEREPA)*. Université du Luxembourg (term 3 years, €151.150). - PI
- 2012: *Breathing Spaces: Relating to nature in the everyday and its connections to health and well-being (BREATH)*. Fonds National de la Recherche (AFR-FNR) and Université du Luxembourg (term 3 years, €318.000). - Supervisor
- 2013: *Attentional processing of food and body cues in eating disorders*. Université du Luxembourg (term 2 years, €67.300). - PI
- 2013: *Epigenetic effects of early life adverse events on adult pathology (EpiPath)*. Fonds National de la Recherche (FNR) and Deutsche Forschungsgemeinschaft (DFG), (term 3 years, €1.881.888). PI: Claude Muller (CRP Santé). – Co-PI
- 2014: *Attentional Bias to Body- and Sexually-Relevant Stimuli (BODYBIAS)*. Fonds National de la Recherche (AFR PhD -FNR) (term 3 years, €117.000). – Supervisor
- 2014: *Adolescents and Exercise: acute effects on psychological and psychophysiological responses to anger-eliciting emotional stimuli (ADOLEX)*. Fonds National de la Recherche (AFR PostDoc-FNR) (term 2 years, €111.000). – Supervisor
- 2014: *Categorical Interoception: The effect of perceptual grouping on processing stimuli from the inside (CIP)*. Fonds National de la Recherche (AFR PostDoc-FNR) (term 2 years, €111.000). – Supervisor
- 2015: *Emotional, Restrained and Bulimic Eating in Lab and Daily Life (EMO-EAT)*. Fonds National de la Recherche (CORE-FNR) (term 3 years, €789.000). – PI

- 2015: *Attention bias to internal and external sources of threat in paediatric social anxiety (ALARM)*. Fonds National de la Recherche (AFR PostDoc-FNR) (term 2 years, €114.000). – Supervisor
- 2015: *Social rejection in early childhood and its effects on stress responses in later life (REJECT)*. Fonds National de la Recherche (AFR PhD -FNR) (term 31.5 months, €111.000). – Supervisor
- 2015: *The role of attachment and parental representations on mental health and wellbeing in adolescents (ATTACH)*. Fonds National de la Recherche (AFR PhD -FNR) (term 3 years, €120.000). – Supervisor
- 2016: *Categorical Interoception Project: How generalization and classification strategies link anxiety and interoception (CIP)*. Marie Skłodowska-Curie Actions, Individual Fellowships, Horizon2020 (term 2 years, €160.800). – Supervisor
- 2016: *PainDynamics: Research on the dynamics of attention bias for pain in daily life (PainDynamics)*. Marie Skłodowska-Curie Actions, Individual Fellowships, Horizon2020 (call H2020-MSCA-IF-2015) (term 2 years, €172.800). – Supervisor
- 2016: *Perceptual inference as a core mechanism of mindfulness: implications for pain regulation (PI-MIND)*. Fonds National de la Recherche (AFR PhD -FNR) (term 3 years, €120.000). – Supervisor
- 2016: *How does food taste in anorexia and bulimia nervosa? (FoodTaste)*. Swiss Foundation of Anorexia Nervosa (term 2 years, CHF164.517). – Partner
- 2017: *Sexual health and emotion regulation: investigating a reciprocal relationship (SHER)*. Fonds National de la Recherche (AFR PhD -FNR) (term 3 years, €120.000). – Supervisor
- 2018: *Mental comorbidity, interoception and emotion regulation in chronic pain patients (EMO-PAIN)*. KMT Hamm (Germany) (term 3 years, €133.113) – PI
- 2018: *Optimization of neurofeedback treatments for patients after stroke*. PhD studentship, Doctoral Training Unit “Data driven computational modeling and applications” (DRIVEN), (FNR-PRIDE) (term 3 years, €140.000). – Supervisor
- 2018: *Mapping cognitive-mediated taste learning mechanisms in eating disorders: Toward novel translational frontiers (CogniTastED)*. Marie Skłodowska-Curie Actions - COFUND Athenea3i-2017. PI: David Garcia-Burgos (term 3 years, €180.800-). – Supervisor
- 2018: *Mobile application for physical activity: Development of a theory-based, personalized mHealth intervention for adolescents (MAPA)*. Fonds National de la Recherche (Industrial Fellowship PhD) (term 3 years, €140.000). – Supervisor
- 2018: *Financial Strain and Economic Instability: Effects on Wellbeing and Behaviour over the Life Course (FESI)*. Fonds National de la Recherche (term 3 years, €617.838,75). – Co-PI
- 2018: *Flexibility in attention for pain over changing contexts and its impact upon poor pain outcomes: An experimental investigation and training approach (PainFlex)*. Fonds National de la Recherche (CORE Junior Track) (term 3 years, €607.000). – Local advisor.
- 2019: *Body image distortion and cardio-visual integration in Anorexia Nervosa (BODILLUSION)*. Fonds National de la Recherche (AFR PhD -FNR) (term 3 years, €140.000). – Supervisor
- 2019: *Age acceleration and the life course (ALAC)*. Fonds National de la Recherche (CORE-FNR) (term 3 years, €654.000). – Co-PI
- 2020: *Effects of exposure to green spaces versus the built environment on physical and mental health*. Project in the ITN “Systems approach of URban enviRonmEnts and heALth” (SURREAL). H2020-MSCA-ITN-2020 (term 4 years, UL: €265.000). – Partner.
- 2020: *COVID-19, MEntal HEalth, REsilience and self-REgulation (COME-HERE)*. Fonds National de la Recherche (COVID-19FT-2) (term 6 months, €50.000). – PI
- 2020: *Towards the promotion of cognitive health among older people: A mixed methods research of people aged 65+ years in Luxembourg (PROCHEAL)*. Fonds National de la Recherche (Industrial Fellowship PostDoc) (term 2 years, €200.000). – Supervisor
- 2020: *Pandora's box: the demographic, economic, social and psychological impact of Covid-19 (PANDEMIC)*. Losch Foundation Luxembourg (term 2 years, €297.000). - Co-PI
- 2020: *Wellbeing @ Work (W@W)*. Internal call (AUDACITY) of the University of Luxembourg (Institute for Advanced Studies) (term 3 years, € 376.000). PI: Luca Ratti (UL). – Co-PI
- 2021: *Long term immunological consequences in adversity-divergent twins (Immuno-Twin)*. Fonds National de la Recherche (FNR) and Deutsche Forschungsgemeinschaft (DFG) (term 3 years, € 1.228.000). PI: Jon Turner (LIH). – Co-PI

- 2021: *Psychological and physiological determinants of financial decision-making*. PhD studentship, Doctoral Training Unit “Experiments, Ethics and Economics (3E), (FNR-PRIDE) (term 3 years, €150.000). – Supervisor
- 2022: *The psychological and neuropsychological syndrome associated with Long-COVID (PSY-LONG-COVID)*. Fonds National de la Recherche (COVID-19 Funding Instruments) (term 12 months, €124.000). PI: Charles Benoy (CHNP). – Co-PI
- 2022: *Impact of early life stress on health in children with leukaemia (LeukoKids)*. Internal call (Young Academics) of the University of Luxembourg (Institute for Advanced Studies) (term 4 years, € 250.000). – Supervisor

SCHOLARSHIPS AND HONOURS

- 1981 - 1987 Scholarship, Studienstiftung des deutschen Volkes
 2005 Fellow, Alfried-Krupp-Wissenschaftskolleg Greifswald, Germany
 2006 Associate Fellow, British Psychological Society
 2007 Fellow, Royal Society of Medicine (UK)
 2009 Enterprise Fellowship, Roehampton University, London

Numerous travel grants: DFG (1993, 1996), Royal Society (1991, 2004), UK-India Education and Research Initiative (2007)

Honorary positions: *Past*: Universities of Basel and Lausanne (Switzerland), Birmingham (UK), Siegen and Würzburg (Germany); *Current*: Catholic University of Leuven (Belgium); Max-Planck-Institute for Human Development (Berlin, Germany); Section des sciences naturelles, physiques et mathématiques de l’Institut Grand-ducal (Luxembourg).

EMPLOYMENT

- 1983 - 1984 Research Assistant
 Department of Psychology
 St George's Hospital Medical School, University of London, UK
- 1984 - 1987 Part-time lecturer (Scholarship award for Doctoral Qualification)
 Department of Psychology, University of Hamburg, Germany
- 1987 - 1990 Research Fellow (Medical Research Council)
 Department of Psychology
 St George's Hospital Medical School, University of London, UK
- 1987 - 1991 Visiting Lecturer
 Department of Psychology, University of Hamburg, Germany
- 1990 - 1991 Lecturer in Health Psychology and Human Psychophysiology
 School of Psychology, University of Birmingham, UK
- 1991 - 1997 Senior Lecturer in Clinical and Health Psychology (Wissenschaftlicher
 Assistent, C1)
 Department of Psychology, University of Marburg, Germany
- 1997 - 1999 Reader in Clinical and Health Psychology (Hochschuldozent, C2)
 Department of Psychology, University of Marburg, Germany
- 1998 – 1999 Deputy Professor of Clinical Psychology (Chair)
 Department of Psychology, University of Marburg, Germany
- 1999-2003 Professor of Clinical and Health Psychology (Chair)
 Department of Psychology, University of Luton, UK

2003 - 2010	Professor of Clinical and Health Psychology (Chair) Director Clinical and Health Psychology Research Centre School of Human and Life Sciences Roehampton University, London, UK
2010 to date	Professor of Clinical and Health Psychology (Chair) Head of the Institute for Advanced Studies (2022 to date) Leader Research Group “Self-regulation and health” Director Master in Psychotherapy Director Research Unit INSIDE (2019 to 2020) Head of the Department of Behavioural and Cognitive Sciences (2020 to 2022) Head of the Institute for Health and Behaviour (2014-2020) Chair University Ethics Review Panel (2016-2018)

OFFICES AND MEMBERSHIPS IN LEARNED SOCIETIES

Psychophysiology Society (UK)	Committee (1988 - 1991) Programme Secretary, 19th annual meeting, Royal Holloway and Bedford New College, 1991
Nutritional Psychology Research Group (UK)	Member
German Psychophysiological Society (FRG)	Full Member
German Psychological Society (FRG) (Sections Clinical and Health Psychology)	Full Member Chair Division of Health Psychology (2011-2013, 2013-2015)
German Society of Behavioral Medicine and Behaviour Modification (FRG)	Full Member, President (2014-2016, 2016-2018)
European Health Psychology Society	Full Member
Society of Behavioral Medicine (USA)	Full Member
American Psychological Association (USA)	International Affiliate
British Psychological Society (Divisions of Clinical Psychology and Health Psychology)	Associate Fellow Committee member Division of Health Psychology DHP representative Professional Practice Board (2001-2003) Health Psychology stage II supervisor Assessor for psychologists specialising in psychotherapy
Royal Society of Medicine (UK)	Fellow
German Society for Eating Disorders (DGESS)	Full Member
Eating Disorders Research Society (EDRS)	Full Member

SYMPOSIA AND CONGRESSES ORGANISED

- 1989 Symposium: „Psychophysiological Processes in Cardiovascular Disease“. Annual meeting of the Psychophysiology Society, Bristol University, Bristol, UK.
- 1990 Symposium: „Ambulatory Monitoring and Behaviour: Psychophysiology in the Natural Environment“. Annual meeting of the Psychophysiology Society, London, UK.
- 1991 Symposium: „Clinical Psychophysiology“. First European Psychophysiology Conference, Tilburg, The Netherlands.
- 1991 Free Communications session. Annual meeting of the Psychophysiology Society, Royal Holloway and Bedford New College, UK.
- 1993 Symposium (zusammen mit Craig K. Ewart): „Does Suppressing Anger Cause High Blood Pressure?“. 101st annual convention of the American Psychological Association, Toronto, Canada.
- 1998 Symposium: „Klinische Psychologie“. 40. Tagung experimentell arbeitender Psychologen, Philipps-Universität Marburg, Marburg.
- 1998 Symposium: „Experimentelle Psychopathologie“. 41. Kongreß der Deutschen Gesellschaft für Psychologie, Technische Universität, Dresden.
- 1999 Symposium: „Übergewicht“. IV. Symposium für gesundheitspsychologische Forschung der Fachgruppe Gesundheitspsychologie der Deutschen Gesellschaft für Psychologie, Universität Fribourg, Fribourg, Schweiz.
- 2000 Symposium: „Nutrition and Health“. 14th Conference of the European Health Psychology Society, Leiden, The Netherlands.
- 2000 Symposium: „Depression after myocardial infarction: aetiologic mechanisms, diagnosis and treatment“. 6th International Congress of Behavioral Medicine, Brisbane, Australia.
- 2001 Symposium: „Klinische Psychophysilogie“. 27. Arbeitstagung Psychophysilogische Methodik, Philipps-Universität Marburg, Marburg.
- 2002 Symposium: „Physiologische Psychologie“. 44. Tagung experimentell arbeitender Psychologen, Technische Universität Chemnitz.
- 2002 Symposium: „Cardiovascular Disease“. 7th International Congress of Behavioral Medicine, Helsinki, Finland.
- 2004 Symposium: „Psychophysiological processes“. 8th International Congress of Behavioral Medicine, Johannes-Gutenberg Universität Mainz.
- 2005 Symposium: „Was Hänschen nicht lernt... - Gesunden Lebensstil von Anfang an fördern - Lösungsstrategien zur Prävention von Übergewicht“. Experten-Roundtable veranstaltet in Zusammenarbeit mit dem Lebensmittelchemischen Institut Köln (LCI), Roehampton University, London, UK.
- 2005 Symposium: „Body and mind interactions in self-regulation and health“. Working group on “Neurovisceral integration and heart rate variability”, Roehampton University, London, UK.
- 2006 Symposium: „Gender specific factors in obesity“. 22nd Annual Conference of the German Obesity Society, Cologne.
- 2007 Symposium: „Essstörungen und Adipositas im Kindes- und Jugendalter“. 11. Kongress der Deutschen Gesellschaft für Verhaltensmedizin und Verhaltensmodifikation, Klinik für Psychiatrie und Psychotherapie der Ludwig-Maximilians-Universität München.

- 2007 Symposium: „Adipositas im Kindes- und Jugendalter“. 8. Kongress für Gesundheitspsychologie der Deutschen Gesellschaft für Psychologie (DGPs), Pädagogische Hochschule Schwäbisch-Gmünd.
- 2008 Symposium: „Gender and health“. XXIXth International Congress of Psychology, Berlin.
- 2008 Workshop and plenary lecture with Professor Allan Hobson (Harvard Medical School): „Sleep, dreaming and consciousness“. Clinical and Health Psychology Research Centre, Roehampton University, London, UK.
- 2008 Symposium: „Ethics of research with children“. Clinical and Health Psychology Research Centre and Institute of Child Wellbeing, Roehampton University, London, UK.
- 2008 Symposium: “Healthy food and healthy choices: a new European profile approach”. 7th International Symposium on “Multiple Risk Factors in Cardiovascular Diseases”, Venice, Italy.
- 2009 Symposium with Professor Allan Hobson (Harvard Medical School): ”Dream consciousness“. Clinical and Health Psychology Research Centre, Roehampton University, London, UK.
- 2009 “Beauty – an interdisciplinary symposium“. Clinical and Health Psychology Research Centre, Roehampton University, London, UK.
- 2010/11 “Klinische Psychologie, Gesundheitspsychologie und Neurowissenschaften“. Vortragsreihe im Sommersemester 2010 und Wintersemester 2010/11. INSIDE Research Centre, Université du Luxembourg.
- 2010 Symposium: “Ernährung, Körpergewicht und Gewichtsregulation“. 47. Kongress der Deutschen Gesellschaft für Psychologie, Bremen.
- 2010 Symposium: “Methodology“. Jahrestagung der Gesellschaft für Experimentelle Wirtschaftsforschung, Luxembourg.
- 2011 13. Kongress der Deutschen Gesellschaft für Verhaltensmedizin und Verhaltensmodifikation, 29.9.-1.10.2011, Luxemburg
- 2012 30. Symposium der Fachgruppe Klinische Psychologie und Psychotherapie der DGPs in Luxemburg, 17.-19.05.2012
- 2013 11. Kongress für Gesundheitspsychologie in Luxemburg, 05.-07.09.2013
- 2017 5th Biennial Conference of the Society for Ambulatory Assessment: Digital Health in Ambulatory Assessment, 15.-17.06.2017
- 2017 Symposium: “A Show Case of the Humanities: Exploring the Topic of Temptation“. International Conference: The Ends of the Humanities University of Luxembourg, 10. – 13.09.2017

EDITOR/ EDITORIAL BOARD MEMBERSHIP

- Journals:* Applied Psychology: Health and Well-Being (Associate Editor, 2013-2015)
 Chronic Illness (Associate Editor)
 European Journal of Health Psychology (Chief Editor, 2014-2019; Associate Editor 2019 to date)
 Frontiers in Eating Behavior (Chief Editor, 2012-2017)
 International Journal for Vitamin and Nutrition Research (Associate Editor)
 Verhaltenstherapie (Editor)
 Clinical Psychology in Europe (Associate Editor)

Special issues: Von der Forschung zur Praxis - 13. Kongress der Deutschen Gesellschaft für Verhaltensmedizin und Verhaltensmodifikation – DGVM. *Verhaltenstherapie*, 21 (suppl1), 1-41.

Books: Section *Health*. International Encyclopedia of the Social and Behavioral Sciences, 2nd edition. Oxford: Elsevier.

REFEREE, CONSULTANT EDITOR, AD HOC REVIEWER, MEMBERSHIP IN ADVISORY COMMITTEES AND ADVISORY ROLE FOR PRACTICE GUIDELINES

RESEARCH COUNCILS AND FOUNDATIONS:

National level:

Ad hoc reviewing: Deutsche Forschungsgemeinschaft [German Research Council] (DFG); Studienstiftung des deutschen Volkes; Max-Planck-Gesellschaft (MPG); Federal Ministry of Education and Research (BMBF); Economic and Social Research Council (ESRC); Department of Health (UK); The German Israeli Foundation for Scientific Research and Development (G.I.F); National Health and Medical Research Council (Australia); Schweizerischer Nationalfonds zur Förderung der Wissenschaftlichen Forschung (Swiss National Funds); The Cyprus Research Promotion Foundation (RPF); Fonds Wetenschappelijk Onderzoek, FWO (Vlaanderen, Belgium); National Initiative Brain and Cognition, the Netherlands Organisation for Scientific Research (NWO); Fonds Nationale de la Recherche Scientifique, FNRS (Belgium).

Panel member and chair: panel member (2012-2015) and chair (2016-2019) of the Fonds Nationale de la Recherche Scientifique (FNRS, Belgium) Scientific Commission “Sciences Humaines et Sociales – 2”; panel member (2020, 2021, 2022) of the Fundação para a Ciência e a Tecnologia, I. P. (FCT) - the Portuguese public funding agency for R&D.

European level:

Ad hoc reviewing: EU 7th Framework; EU Horizon 2020; European Research Council (ERC, advanced grants).

Panel member: European Science Foundation (ESF), member in the ESF College of Expert Reviewers.

GOVERNMENT ADVISORY COMMITTEES and NATIONAL ACADEMY OF SCIENCES EXPERT PANEL:

2020-2021: Ad hoc advisory committee to the government of Luxembourg: *Exit strategy: a scenario for the gradual lifting of the confinement measures introduced to deal with COVID-19.*

2021: Ad hoc expert group “CORONA: children, adolescents and young adults”, Leopoldina (National Academy of Sciences Germany).

2021: Ad hoc advisory group on *Public Health Research Funding*, Federal Ministry of Education and Research (BMBF) (Germany).

2022: Ad hoc group, Comité de pilotage du Plan National Santé Mentale (PNSM), Direction de la Santé, Ministère de la Santé, le Gouvernement du Grand-Duché de Luxembourg.

DOCTORAL DISSERTATIONS:

Graduate School, University of Essex; Department of Epidemiology and Public Health, University College London; Fakultät für Psychologie, Universität Basel; School of Psychology, University of Queensland, Australia; Humanwissenschaftliche Fakultät, Universität Potsdam.

PROFESSORIAL QUALIFICATIONS (HABILITATION) AND PROFESSORIAL APPOINTMENTS:

Fakultät für Lebenswissenschaften, Technische Universität Braunschweig; Fakultät für Kultur- und Sozialwissenschaften, Fernuniversität Hagen; Fakultät für Erziehungswissenschaft, Psychologie und Bewegungswissenschaft, Universität Hamburg; Fachbereich Sozialwissenschaften, Medien und Sport, Johannes-Gutenberg-Universität Mainz; Fakultät für Ingenieurwissenschaften und Informatik, Universität Ulm; Fakultät für Psychologie, Universität Wien; Philosophische Fakultät II, Julius-Maximilians-Universität Würzburg; Philosophische Fakultät, Universität Fribourg; Philosophisch-humanwissenschaftliche Fakultät, Universität Bern; Fakultät für Sozialwissenschaften, Universität Mannheim; Technische Hochschule Köln; Fachbereich I – Pflegewissenschaft, Universität Trier; Fakultät Psychologie, FernUniversität Hagen; MINT-Sektionen, Universität zu Lübeck.

JOURNALS:

Annals of Behavioral Medicine; Anxiety, Stress, and Coping; Appetite; Behaviour Research and Therapy; Biological Psychology; Biological Psychiatry; BMC Psychiatry; Brain and Cognition; British Journal of Clinical Psychology; British Journal of Educational Psychology; British Journal of Health Psychology; British Journal of Medical Psychology; Child and Adolescent Mental Health; The Cochrane Library; Emotion; Ergonomics; European Child & Adolescent Psychiatry; European Journal of Cardiovascular Prevention & Rehabilitation; European Journal of Psychological Assessment; European Journal of Psychotherapy and Counselling; General Hospital Psychiatry; Health Education Research; Health Psychology; International Journal of Behavioral Medicine; International Journal of Obesity; International Journal of Psychology; International Journal of Psychophysiology; Journal of Affective Disorders; Journal of Behavior Therapy and Experimental Psychiatry; Journal of Hypertension; Journal of Neural Engineering; Journal of Psychophysiology; Journal of Psychosomatic Research; Journal of Public Health; Journal of Sexual Medicine; Kindheit und Entwicklung; Nutrition; Nutrition Research; The Journal of Pain; The Quarterly Journal of Experimental Psychology; Obesity; Ophthalmic and Physiological Optics; Perceptual and Motor Skills; Psychiatry Research; Psychologica Belgica; Psychological Reports; Psychology and Health; Psychology and Psychotherapy: Theory, Research and Practice; Psychophysiology; Psychotherapy and Psychosomatics; Thorax; Zeitschrift für Gesundheitspsychologie; Zeitschrift für Klinische Psychologie und Psychotherapie; Zeitschrift für Neuropsychologie.

PRACTICE GUIDELINE DEVELOPMENT:

European and national level:

2021 European Guidelines on Cardiovascular Disease Prevention in Clinical Practice (European Society of Cardiology)

2022 Nationale Versorgungsleitlinie Chronische Koronare Herzkrankheit (Bundesärztekammer, Kassenärztliche Bundesvereinigung, Arbeitsgemeinschaft der Wissenschaftlichen Medizinischen Fachgesellschaften)

ADMINISTRATIVE OFFICES

School of Psychology, University of Birmingham

School Committee - Member

School representative for the Erasmus-Programme of the European Union

Department of Psychology, Philipps-University Marburg

Faculty Committee – Elected member

Appointing committee member (academic staff)

Member of the committee for the doctoral degree course in Clinical Psychology

Representative for Departmental Research Seminars

Deputy Director of the Clinical Psychology section

Department of Psychology, University of Luton

Chair in Clinical Psychology and Health Psychology
Director of the MSc in Health Psychology (accredited by the BPS)
Member of the Faculty Research Committee
Convener for Departmental Research Seminars

School of Human and Life Sciences, Roehampton University

Chair in Clinical Psychology and Health Psychology
School Research Director (School of Psychology and Therapeutic Studies, 2003-2004)
Director Clinical and Health Psychology Research Centre (2004 to 2010)
Assistant Dean Research (School of Human and Life Sciences, 2005 – 2006)
RAE Psychology co-ordinator (2003-2008)
Chair School Ethics Committee (2007 to 2009)

Université du Luxembourg

Chair in Clinical Psychology and Health Psychology
Director Research Unit INSIDE (2019 to 2020)
Head of Department (2020 to 2022)
Head of the Institute for Advanced Studies (2022 to date)
Head “Institute for Health and Behaviour” (2013 - 2020)
Head Research Group „Self-regulation and Health“ (2010 to date)
Deputy Head Doctoral School “Social Change and Sustainable Socioeconomic Development” (2014 to 2017)
Chair (term of office: 2016-2019) and founding member of the University Ethics Review Panel (2011 to 2019)
Elected member of the Faculty Board (2011-2017, 2017 to 2020)
Programme Director MSc Psychotherapy (2013 to date)

CLINICAL WORK

Professional training and qualifications

February 1981 – May 1981	Co-therapist (Supervisor: Mr W. Trautvetter, Clinical Psychologist) Alsterdorfer Anstalten, Hamburg (District psychiatric hospital and university teaching hospital) Clinical assessment, individual and group therapy for adults and children with learning disabilities
August 1981 – Nov. 1981	Co-therapist (Supervisor: Mr R. Pingel, Clinical Psychologist) Psychosomatische Fachklinik, Evangelische Stiftung Ginsterhof Tötensen, Hittfeld (Niedersachsen) (Private psychiatric hospital) Clinical assessment, individual and group therapy for adult patients (including older people) with psychological disorders including mental disorders in association with neurological conditions
February 1982 – May 1982	Co-therapist (Supervisor: Karl Andre, Professor of Clinical and Educational Psychology, University of Landau), Erziehungsberatungsstelle Landau (Municipal counselling and therapy centre for children and adolescents)

Clinical assessment and intervention (individual and family based) for children and adolescents with developmental, emotional and behavioural problems

October 1984 –
July 1987 Part-time Clinical psychologist (Supervisor: B. Dahme, Professor of Clinical Psychology, University of Hamburg), Endo-Klinik Hamburg (Private orthopaedic hospital)

Psychological preparation for surgery (as part of doctoral dissertation)

March 1985 -
July 1985 Part-time clinical psychologist (Supervisor: Mr R. Pingel, Clinical Psychologist), Psychosomatische Fachklinik, Evangelische Stiftung Ginsterhof Tötensen, Hittfeld (Niedersachsen) (Private psychiatric hospital)

Clinical assessment, individual and group therapy for patients with a diagnosis of mood disorders, anxiety disorders, obsessive-compulsive disorder, eating disorders

April 2000 Statement of Equivalence in Clinical Psychology
Membership and Qualifications Board, The British Psychological Society

June 2011 to date Registration with the Health and Care Professions Council (HCPC) (UK) as Practitioner Psychologist (Clinical Psychologist, Health Psychologist)

April 2013 Registration as Applied Psychology Practice Supervisor (Clinical, Health, Teaching and Research)
Membership and Qualifications Board, The British Psychological Society

March 2019 Recognition as psychotherapist in Luxembourg
(Ministère de la Santé, Luxembourg)

Employment as Clinical Psychologist and medico-legal expert witness

October 1991 -
March 1999 Part-time clinical psychologist (Part-time), Christoph-Dornier-Foundation for Clinical Psychology, Marburg) (Therapy centre associated with the University of Marburg)

Clinical assessment and individual therapy for patients with a diagnosis of mood disorders, (e.g. Major Depression), anxiety disorders (e.g. Social Phobia), eating disorders (e.g. Bulimia Nervosa)

March 1992 -
July 1992 Clinical Psychologist, Research project "Are comprehensive lifestyle changes possible in German heart patients?" (L. Scherwitz, Visiting research professor and J. Siegrist, Professor of Medical Sociology, University of Marburg)

Group therapy for coronary patients and their spouses

April 1994
- March 1999 Case presentations (seminars), Department of Psychology, University of Marburg

Exemplary clinical assessment and therapy with anxiety and eating disordered patients, and patients with HIV

January 1996 -
July 1996 Development of a behavioural intervention program for coronary outpatients and their spouses (in collaboration with the Christoph-Dornier-Foundation for Clinical Psychology, Marburg)

Since July 1996	Group therapy with coronary patients and their spouses (in collaboration with the Christoph-Dornier-Foundation for Clinical Psychology)
2000 to date	Private practice including medico-legal services
2009 - 2010	Consultant Clinical Psychologist Hertfordshire Community Health Services (NHS)

Extra-mural teaching on post-graduate courses for Clinical Psychology

Since 1991	Visiting lecturer for Clinical Psychology Christoph-Dornier-Foundation for Clinical Psychology, Marburg, Germany
1998 - 1999	Visiting lecturer for Clinical Psychology and Clinical Psychophysiology University of Bonn, Bonn, Germany
Since 2002	Visiting lecturer for Clinical Psychology University of Basel, Basel, Switzerland
Since 2002	Visiting lecturer for Clinical Psychology University of Zürich, Zürich, Switzerland
Since 2010	Visiting lecturer for Clinical Psychology University of Trier, Trier, Germany

Past Phd Supervision (only as main supervisor) (Name, Topic, Time To Degree, Number of publications resulting from PhD, Career) – AFR funded in bold, OA = Open Access

1. Yvonne Jessica Kulbartz: Body image disturbance in bulimic patients. 1993-1997 (University of Marburg). 2 publications, Chartered Clinical Psychologist.
2. Siebke Melfsen: How do socially anxious children decode facial expression? 1995-1998 (University of Marburg). 7 publications, Chartered Clinical Psychologist, professorial qualification (Habilitation), research fellow (Centre for Child- and Adolescent Psychiatry, University of Zürich)
3. Kathrin Kluwe: Familial transmission of restrained eating style. 1995-1998 (University of Marburg). 1 publication, Chartered Clinical Psychologist.
4. Anja Hilbert: Body image disturbance in binge eating disordered patients. 1996-1999 (University of Marburg), 6 publications, Chartered Clinical Psychologist, professorial qualification (Habilitation), IFB-Professor in Behavioral Medicine (University of Leipzig).
5. Tanja Legenbauer: Cephalic phase responses to cue exposure in bulimic patients. 1998-2002 (University of Trier), 3 publications, Chartered Clinical Psychologist, professorial qualification (Habilitation), Professor of Child- and Adolescent Clinical Psychology (Department of Child- and Adolescent Psychiatry, University of Bochum).
6. Andres Buchenau: Depression after myocardial infarction: Effects on heart rate variability and health behaviours. 1999-2005 (University of Marburg), 1 publication (OA), Chartered Clinical Psychologist.
7. Angel Chater: Children's health and illness perception and health behaviour: an intervention approach. 2002-2007 (Roehampton University), 1 publication, Chartered Health Psychologist, Senior Lecturer in Behavioural Medicine (University College London).
8. Margaret McLean: Communication practice and training needs on a cancer ward: a qualitative study of the views and experience of doctors, nurses and patients. 2005-2008 (Roehampton University), 1 publication (OA), Chartered Counselling Psychologist.
9. Anke Franz: A multi-level analysis of influences on young people's sexual behaviour in relation to teenage pregnancy. 2006-2009 (Roehampton University), 3 publications, Senior Lecturer in Psychology (School of Psychology, Politics and Sociology (Canterbury Christ Church University)).
10. Tara Finnerty: A cross sectional and longitudinal study of the effects of parents and peers on physical activity, dietary intake and body composition of 10-15 year old adolescents. 2006-2009 (Roehampton University), 2 publications, Registered Nutritionist, Lecturer (Cork Institute of Technology, Ireland).
11. David Bowles: Social cognition in adults with Avoidant and Borderline Personality Disorder features. 2006-2009 (Roehampton University), 1 publication, Lecturer (Sheffield Hallam University, UK).
12. Stephanie Winter: Effectiveness of drama-therapy in the rehabilitation of women experiencing domestic violence: a controlled trial. 2006-2010 (Roehampton University), 1 publication, Chartered Counselling Psychologist.
13. Stefan Sütterlin: Effects of self-regulation and frontal inhibition on neurovisceral integration. 2007-2011 (University of Luxembourg), 16 publications (3 OA), Professor (Lillehammer University College, Norway).
14. Adrian Meule: Regulation of emotions and behavioural inhibition in relation to eating disorders. 2010-2014 (University of Würzburg), 18 publications (4 OA), PostDoc (University of Salzburg, Austria).
15. Slawomir Wojnusz: Prepubertal gonadotropin-releasing hormone analogue treatment and its effects on behavioural and psychological processes. 2009-2014 (University of Oslo), 4 publications (1 OA), Professor (Oslo and Akershus University College of Applied Sciences, Norway).
16. Cristina Campillo: Computer-assisted interventions to improve self-regulation in patients with self-regulatory deficits. 2012-2015 (University of Luxembourg). 2 publications (1 submitted).
17. **Annika Lutz**: Body perception and evaluation in anorexia nervosa. 2010-2015 (University of Luxembourg). 10 publications (1 submitted, 2 OA), PostDoc (University of Luxembourg).

18. Zoé van Dyck: The role of external and internal stimuli in the regulation of eating behaviour. 2011-2015 (University of Luxembourg). 9 publications (1 submitted, 1 OA), PostDoc (University of Luxembourg).
19. Silke Rost: The role of self-regulatory capacity in the adaptation to pain. 2012-2016 (University of Luxembourg). 6 publications (1 submitted), PostDoc (University of Luxembourg).
20. Jannika de Rubeis: Depression and ostracism: The role of attachment, self-esteem and rejection sensitivity for treatment success and depressive symptom deterioration. 2012-2016 (University of Luxembourg). 3 publications (2 OA). Chartered clinical psychologist.
21. **Agnieszka Czeluscinska**: Attentional bias to body- and sexually relevant stimuli. 2014-2019 (University of Luxembourg)
22. **Violetta Schaan**: Early life adversity and mental health. 2015-2019 (University of Luxembourg), 9 publications (5 OA).
23. **Alessandro Decarli**: The role of attachment and parental representations on mental health and wellbeing in adolescents. 2015-2019 (University of Luxembourg), 3 publications (2 OA), 1 under review.
24. Chariolos Lygidakis: Community- and mHealth-based integrated management of Type 2 Diabetes in primary healthcare in Rwanda. 2016-2020 (University of Luxembourg), 3 publications (OA).
25. Julia Blanke: Supporting grocery shopping to achieve a healthy and sustainable diet - How developing a behavioural theory informs dynamic smartphone applications. 2017-2021 (University of Luxembourg), 3 publications (OA).
26. **Sherwin Vencatachellum**: Perceptual inference as a core mechanism of mindfulness: implications for pain regulation. 2017 - 2022(University of Luxembourg), 1 publication, 1 publication submitted.
27. **Alex Domin**: Enhancing physical activity in adolescents using mHealth technology (MAPA) (Industrial Fellowship). 2017 – 2022 (University of Luxembourg), 3 publications (OA).
28. Raquel Gomez Bravo: E-learning domestic violence: efficacy and effectiveness of a web-based training programme for junior health professionals. 2016 – 2022 (University of Luxembourg), 2 publications (1 OA).

Current PhD Supervision (only as main supervisor) (AFR/DTU/ITN funded in bold, OA = Open Access) (Name, Topic, Funding, Year of Registration)

1. **Vinicius Jobim Fischer**: Sexual health and emotion regulation: investigating a reciprocal relationship (SHER). 2018 (University of Luxembourg).
2. **Arif Sinan Uslu**: Optimization of neurofeedback treatments for patients after stroke (DTU DRIVEN). 2019 (University of Luxembourg).
3. **Lynn Erpelding**: Body image distortion and cardio-visual integration in anorexia nervosa (BODILLUSION). 2019 (University of Luxembourg).
4. **Alexandre Infanti**: Improving the diagnosis of Gaming Disorder: an application of machine learning in Psychopathology (DTU DRIVEN). 2020 (University of Luxembourg).
5. Julie Ortmann: The role of interoceptive processing in dealing with social exclusion in obesity and binge eating disorder (INTENSE). 2020 (University of Luxembourg).
6. **Roxane Philips**: Inhibition, emotion regulation and moral dilemmas: an experimental investigation of decision making under stress (DTU 3E). 2020 (University of Luxembourg)
7. **James Harris**: Effects of exposure to green spaces versus the built environment on physical and mental health (ITN “Systems approach of URban enviRonmEnts and heALth” – SURREAL). 2020 (University of Luxembourg).
8. Dominika Repcikova: From adversity to sickness – epigenetics and immunological mechanisms and their buffering by psychological and sociological mechanisms (Project Immuno-Twin). Fonds National de la Recherche (FNR) and Deutsche Forschungsgemeinschaft (DFG). 2021 (University of Luxembourg).
9. Nora Nicolai: Impact of early life stress on health in children with leukaemia (LeukoKids). Internal call (Young Academics) of the University of Luxembourg (Institute for Advanced Studies). 2022 (University of Luxembourg).

PUBLICATIONS

1. Monographs and books

- Vögele, C.** (1988). *Perioperativer Stress. Eine psychophysiologische Untersuchung zu prä- und postoperativen Reaktionen chirurgischer Patienten*. [Peroperative stress – psychophysiological investigations of stress reactions in surgical patients]. Frankfurt a.M.: Peter Lang.
- Vögele, C.** (2009). *Klinische Psychologie: Körperliche Erkrankungen* [Clinical Health Psychology]. Weinheim: Verlagsguppe Beltz - Psychologie Verlags Union.
- Steffgen, G., de Boer, C. & **Vögele, C.** (2014). *Ärgerbezogene Störungen* [Anger related disorders]. Fortschritte der Psychotherapie. Göttingen: Hogrefe.
- Steffgen, G., de Boer, C. & **Vögele, C.** (2016). *Mit Ärger konstruktiv umgehen* [How to cope with anger constructively]. Ratgeber zur Reihe Fortschritte der Psychotherapie Band 34. Göttingen: Hogrefe.
- Heinen, A., Samuel, R., **Vögele, C.** & Willems, H. (Eds.) (2022). *Wellbeing and health in adolescence: Theoretical perspectives, empirical findings and approaches in practice*. Springer VS. ISBN 978-3-658-35743-6.

2. Articles in refereed journals

(total number of citations: 10447; *h*-index 58, source: Google Scholar, date: 19 October 2022; Link: <https://scholar.google.com/citations?user=VxJM8FsAAAAJ&hl=en>).

2.1 Regular articles

- Vögele, C.** & Steptoe, A. (1986). Physiological and subjective stress responses in surgical patients. *Journal of Psychosomatic Research*, 30, 205 – 215.
- Steptoe, A. & **Vögele, C.** (1986). Are stress responses influenced by cognitive appraisal? An experimental comparison of coping strategies. *British Journal of Psychology*, 77, 243 – 255.
- Köhler, Th., **Vögele, C.** & Weber, D. (1989). Die Zahl der aktiven palmaren Schweißdrüsen (PSI, palmar sweat index) als psychophysiologischer Parameter. *Zeitschrift für Experimentelle und Angewandte Psychologie*, 36, 89 – 100.
- Köhler, Th., Weber, D. & **Vögele, C.** (1990). The behaviour of the PSI (palmar sweat index) during two stressful laboratory situations. *Journal of Psychophysiology*, 4, 281-287.
- Steptoe, A. & **Vögele, C.** (1990). Cardiac baroreflex sensitivity assessment using spontaneous sequence analysis of continuous non-invasive blood pressure recordings in man. *Journal of Physiology*, 422, 50P.
- Steptoe, A. & **Vögele, C.** (1990). Cardiac baroreflex function during postural change using non-invasive spontaneous sequence analysis in young men. *Cardiovascular Research*, 24, 627-632.
- Steptoe, A. & **Vögele, C.** (1992). Individual differences in the perception of bodily sensations: The role of trait anxiety and coping style. *Behaviour Research and Therapy*, 30, 597 – 607.
- Vögele, C.** & Steptoe, A. (1992). Emotional coping and tonic blood pressure as determinants of cardiovascular reactions to mental stress. *Journal of Hypertension*, 10, 1079 – 1087.
- Vögele, C.** & Steptoe, A. (1993). Anger inhibition and family history as modulators of cardiovascular responses to mental stress in adolescent boys. *Journal of Psychosomatic Research*, 37, 503 – 514.
- Johnston, D.W., **Vögele, C.**, Anastasiades, P., Kitson, C., McSorley, K. & Steptoe, A. (1993). The relationship between heart rate responsiveness in the laboratory and in the field: two studies. *Journal of Psychophysiology*, 7, 217 – 229.

- Wardle, J., Steptoe, A., Burkhardt, R., **Vögele, C.**, Vila, J. & Zarczynski, Z. (1994). Testicular self-examination: Attitudes and practices among young men in Europe. *Preventive Medicine*, 23, 206 – 210.
- Tuschen, B., **Vögele, C.**, Kuhnhardt, K. & Cleve-Prinz, W. (1995). Steigern psychische Belastungen das Eßbedürfnis? Eine experimentelle Studie an Bulimikerinnen. *Zeitschrift für Klinische Psychologie*, 24, 344 – 351.
- Osmer, C., **Vögele, C.**, Zickmann, B. & Hempelmann, G. (1996). Comparative use of muscle relaxants and their reversal in three European countries: a survey in France, Germany and Great Britain. *European Journal of Anaesthesiology*, 13, 389 – 399.
- Vögele, C.** & Florin, I. (1997). Psychophysiological responses to food exposure: an experimental study in binge eaters. *International Journal of Eating Disorders*, 21, 147 – 157.
- Vögele, C.**, Cheeseman, K. & Jarvis, A. (1997). Anger suppression, reactivity and hypertension risk: Gender makes a difference. *Annals of Behavioral Medicine*, 19, 61 – 69.
- Vögele, C.** (1998). Serum lipid concentrations, hostility, and cardiovascular reactions to mental stress. *International Journal of Psychophysiology*, 28, 167 – 179.
- Osmer, C., Wulf, K., **Vögele, C.**, Zickmann, B. & Hempelmann, G. (1998). Cardiovascular effects of Org 9487 under isoflurane anaesthesia in man. *European Journal of Anaesthesiology*, 15, 585 – 589.
- Tuschen-Caffier, B. & **Vögele, C.** (1999). Psychological and physiological reactivity to stress: an experimental study on bulimic patients, restrained eaters and controls. *Psychotherapy and Psychosomatics*, 68, 333 – 340.
- Vögele, C.** (1999). Kardiovaskuläre Reaktivität und die Entwicklung der essentiellen Hypertonie. *Verhaltensmodifikation und Verhaltensmedizin*, 20, 321 – 342.
- Lohaus, A., Klein-Hessling, J., **Vögele, C.** & Kuhn-Hennighausen, C. (2001). Psychophysiological effects of relaxation training in children. *British Journal of Health Psychology*, 6, 197-206.
- Hilbert, A., Tuschen-Caffier, B. & **Vögele, C.** (2002). Effects of prolonged and repeated body image exposure in binge eating disorder. *Journal of Psychosomatic Research*, 52, 137-144. Citations: 73
- Vögele, C.**, Coles, J., Wardle, J & Steptoe, A. (2003). Psychophysiological effects of applied tension on the emotional fainting response to blood and injury. *Behaviour Research and Therapy*, 41, 139-155.
- Tuschen-Caffier, B., **Vögele, C.**, Bracht, S. & Hilbert, A. (2003). Psychological responses to body shape exposure in patients with bulimia nervosa. *Behaviour Research and Therapy*, 41, 573-586.
- Legenbauer, T., **Vögele, C.** & Rüdell, H. (2004). Anticipatory effects of food exposure in women diagnosed with bulimia nervosa. *Appetite*, 42, 33-40.
- Wardle, J., Steptoe, A., Guliš, G., Sartory, G., Sěk, H., Todorova, I., **Vögele, C.** & Zairko, M. (2004). Depression, perceived control, and life satisfaction in university students from central-eastern and western Europe. *International Journal of Behavioral Medicine*, 11, 27-36.
- Coles, J., **Vögele, C.**, Hilbert, A. & Tuschen-Caffier, B. (2005). Fasten und (Über)-essen: Auswirkungen von Jojo-Diäten auf Parameter der kardialen sympatho-vagalen Balance. *Zeitschrift für Klinische Psychologie und Psychotherapie, Themenheft: Biopsychologie in der Klinischen Psychologie und Psychotherapie*, 34, 95-103.
- Vögele, C.** & Woodward, H. (2005). Körperbild, Diätverhalten und körperliche Aktivität bei 9-10 jährigen Kindern. *Kindheit und Entwicklung (Themenheft Essstörungen bei Kindern und Jugendlichen)*, 14, 229-236.
- Gerlach, A.L., Spellmeyer, G., **Vögele, C.**, Huster, R., Stevens, S., Hetzel, G. & Deckert, J. (2006). Blood phobia with and without a history of fainting: disgust sensitivity does not explain the fainting response. *Psychosomatic Medicine*, 68, 331-339.

- Hilbert, A., **Vögele, C.** & Himmelmann, U. (2007). Cue reactivity in male restrained eaters: the role of negative cognitions as predictors of food intake. *Eating and Weight Disorders*, 12, 27-34.
- Brown, K., Ogden, J., **Vögele, C.** & Gibson, L. (2008). The role of parental control practices in explaining children's diet, activity and BMI. *Appetite*, 50, 252-259.
- Vögele, C.** & von Leupoldt, A. (2008). Mental disorders in Chronic Obstructive Pulmonary Disease. *Respiratory Medicine*, 102, 764-773.
- Kubiak, T., **Vögele, C.**, Siering, M., Schiel, R. & Weber, H. (2008). Daily hassles and emotional eating in obese adolescents under restricted dietary conditions – the role of ruminative thinking. *Appetite*, 51, 206-209.
- Hohoff, C., Domschke, K., Schwarte, K., Spellmeyer, G., **Vögele, C.**, Hetzel, G., Deckert, J. & Gerlach, A.L. (2009). Sympathetic activity relates to adenosine A_{2A} receptor gene variation in blood-injury phobia. *Journal of Neural Transmission*, 116, 659-662.
- Hasenböhler, K., Munsch, S., Meyer, A., Käppler, C. & **Vögele, C.** (2009). Family structure, body mass index and eating behaviour. *International Journal of Eating Disorders*, 42, 332-338.
- Legenbauer, T., Vocks, S., Schäfer, C., Schütt-Strömel, S., Hiller, W., Wagner, C. & **Vögele, C.** (2009). Preference for attractiveness and thinness in a partner: Influence of internalization of the thin ideal and shape/weight dissatisfaction in heterosexual women, heterosexual men, lesbians, and gay men. *Body Image*, 6, 228-234.
- Vögele, C.**, Hilbert, A. & Tuschen-Caffier, B. (2009). Dietary restriction, cardiac autonomic regulation and stress reactivity in bulimic women. *Physiology & Behavior*, 98, 229-234.
- Franz, A., Worrell, M., Gilvarry, C. & **Vögele, C.** (2009). The potential of including the UK in comparisons with other European countries in research on teenage pregnancy. *Critical Social Policy*, 29, 560-564.
- Schulz, H., **Vögele, C.** & Meyer, B. (2009). Optimism, self-efficacy, and perceived stress as predictors of self-reported health symptoms in college students. *Zeitschrift für Gesundheitspsychologie*, 17, 185-194.
- Azaïs-Braesco, V., Brighenti, F., Paoletti, R., Peracino, A., Scarborough, P., Visioli, F. & **Vögele, C.** (2009). Healthy food and healthy choices: a new European profile approach. *Atherosclerosis Supplements*, 10, 1-11.
- Vögele, C.**, Ehlers, A., Meyer, A.H., Frank, M., Hahlweg, K. & Margraf, J. (2010). Cognitive mediation of clinical improvement after intensive exposure-based therapy of agoraphobia and social phobia. *Depression and Anxiety*, 27, 294-301.
- Finnerty, T., Reeves, S., Dabinett, J., Jeanes, Y.M. & **Vögele, C.** (2010). Effects of peer influence on dietary intake and physical activity in school children. *Public Health Nutrition*, 13, 376-383.
- Coppinger, T., Jeanes, Y.M., Dabinett, J., **Vögele, C.** & Reeves, S. (2010). Physical activity and dietary intake of children aged 9-11 years and the influence of peers on these behaviours: a one-year follow-up. *European Journal of Clinical Nutrition*, 64, 776-781.
- Vögele, C.**, Sorg, S., Studtmann, M. & Weber, H. (2010). Cardiac autonomic regulation and anger coping in adolescents. *Biological Psychology*, 85, 465-471.
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- Sütterlin, S., Herbert, C., Schmitt, M., Kübler, A. & **Vögele, C.** (2011). Frames, decisions, and cardiac-autonomic control. *Social Neuroscience*, 6, 169-177.
- Meule, A., Lukito, S., **Vögele, C.** & Kübler, A. (2011). Enhanced behavioral inhibition in restrained eaters. *Eating Behaviors*, 12, 152-155.

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- Sütterlin, S., Herbert, C., Schmitt, M., Kübler, A. & **Vögele, C.** (2011). Overcoming selfishness: reciprocity, inhibition, and cardiac autonomic control in the ultimatum game. *Frontiers in Personality Science and Individual Differences*, 2, 173. Doi: 10.3389/fpsyg.2011.00173.
- Hilbert, A., **Vögele, C.**, Tuschen-Caffier, B. & Hartmann, A.S. (2011). Psychophysiological responses to idiosyncratic stress in Bulimia Nervosa and Binge Eating Disorder. *Physiology & Behavior*, 104, 770-777.
- Sütterlin, S., Andersson, S. & **Vögele, C.** (2011). Inhibition in action – inhibitory components in the behavioral activation system. *Journal of Behavioral and Brain Science*, 1, 160-166. Doi:10.4236/jbbs.2011.13021.
- McLean, M., Cleland, J., Worrell, M. & **Vögele, C.** (2011). “What am I going to say here?” The experiences of doctors and nurses communicating with patients in a cancer unit. *Frontiers in Psychology for Clinical Settings*, 2, 339. Doi: 10.3389/fpsyg.2011.00339
- Meule, A., Lutz, A., **Vögele, C.** & Kübler, A. (2012). Food cravings discriminate differentially between successful and unsuccessful dieters and non-dieters: Validation of the Food Cravings Questionnaires in German. *Appetite*, 58(1), 88-97.
- Meule, A., **Vögele, C.** & Kübler, A. (2012). Restrained eating is related to accelerated reaction to high caloric foods and cardiac autonomic dysregulation. *Appetite*, 58(2), 638-44.
- Kaufmann, T., **Vögele, C.**, Sütterlin, S., Lukito, S., & Kübler, A. (2012). Effects of resting heart rate variability on performance in a P300 brain-computer interface. *International Journal of Psychophysiology*, 83(3), 336-341.
- Sorg, S., **Vögele, C.**, Furka, N. & Meyer, A.H. (2012). Perseverative thinking in depression and anxiety. *Frontiers in Personality Science and Individual Differences*, 3, 20. Doi:10.3389/fpsyg.2012.00020.
- Sütterlin, S., Paap, M.C.S., Babic, S., Kübler, A. & **Vögele, C.** (2012). Rumination and age: some things get better. *Journal of Aging Research*, 2012, 267327. Doi: 10.1155/2012/267327.
- Roeser, K., Obergfell, F., Meule, A., **Vögele, C.**, Schlarb, A. & Kübler, A. (2012). Of larks and hearts – morningness/eveningness, heart rate variability and cardiovascular stress response at different times of the day. *Physiology & Behavior*, 106(2), 151-157.
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- Meule, A., **Vögele, C.** & Kübler, A. (2012). Deutsche Übersetzung und Validierung der Yale Food Addiction Scale – German translation and validation of the Yale Food Addiction Scale. *Diagnostica*, 58, 115-126.
- Meule, A., Lutz, A., **Vögele, C.** & Kübler, A. (2012). Self-reported dieting success is associated with cardiac autonomic regulation in current dieters. *Appetite*, 59(2), 494-498.
- Vossbeck-Elsebusch, A. N., Steinigeweg, K., **Vögele, C.**, & Gerlach, A. L. (2012). Does disgust increase parasympathetic activation in individuals with a history of fainting? A psychophysiological analysis of disgust stimuli with and without blood-injection- injury association. *Journal of Anxiety Disorders*, 26(8), 849-858. Doi:10.1016/j.janxdis.2012.07.003

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TALKS AND PRESENTATIONS

More than 800 published conference abstracts and scientific presentations.

Invited presentations (since 2011)

- 27.1.2011 *Psychological co-morbidity in Diabetes mellitus: assessment and therapy.* Conférence Éducation Thérapeutique du Patient Diabète & Obésité, CRP Santé, Luxembourg.
- 2.2.2011 *Kann man zu viel denken? Kognitionen und Gesundheit.* Abendkolloquium, Studium Generale, Universität Mainz, Mainz.
- 15.2.2011 *Keine Gesundheit ohne psychische Gesundheit.* EOS-Klinik Münster, Münster.
- 4.5.2011 *Emotionsregulation und Essen – la liaison dangereuse.* Kolloquium Fachbereich Psychologie, Universität Landau, Landau.
- 14.9.2011 *Medien, Körperbild und Körperunzufriedenheit in der Adoleszenz und im frühen Erwachsenenalter – Diskutant.* 20. Fachgruppentagung Entwicklungspsychologie der DGPs, Erfurt.
- 27.10.2011 *Psychological factors in childhood obesity.* Symposium “Food Consumption and Public Health”, FENS 2011, Madrid.
- 8.11.2011 *Selbstregulation und Gesundheit.* Fortbildungsreihe der AHG Klinik Berus, Saarland.
- 18.1.2012 *Emotionsregulation und Essen – la liaison dangereuse.* Wissenschaftskolloquium der Klinik und Poliklinik für Psychosomatische Medizin und Psychotherapie und Schwerpunkt Medizinische Psychologie, Universität Mainz, Mainz.
- 17.2.2012 *Emotionsregulation und Essen – la liaison dangereuse.* Wissenschaftskolloquium der Arbeitsgruppe Klinische Psychologie und Psychotherapie, Fachbereich Psychologie, Universität Trier, Trier.
- 28.08.2012 *Emotionsregulation und Essen – la liaison dangereuse.* Abendvortrag, Sommerakademie der Studienstiftung des Deutschen Volkes, La Villa, Italien.
- 08.09.2012 *Klinisch-psychologische Interventionen bei chronisch-körperlichen Erkrankungen.* 20. Wissenschaftliches Symposium für Psychotherapie: “Psychotherapie ist ...? Allgemeine und störungsorientierte psychotherapeutische Verfahren im Überblick”, Klinik für Psychosomatische Medizin und Psychotherapie des LWL-Universitätsklinikums der Ruhr-Universität Bochum.
- 14.11.2012 *Can one think too much? Cognitions, cognitive style and health.* Vortragsreihe des Fachbereichs Psychologie in Kooperation mit der Salzburger Gesellschaft für Psychologie, Universität Salzburg.
- 19.12.2012 *Can one think too much? Cognitions, cognitive style and health.* Department of Experimental-Clinical and Health Psychology, Ghent University, Ghent, Belgium.
- 13.05.2013 *Emotions and eating – la liaison dangereuse.* Research Group on Health Psychology, University of Leuven, Leuven, Belgium.
- 30.10.2013 *Emotionsregulation und Essen – la liaison dangereuse.* Wissenschaftliches Symposium “Psychophysiologie in der Psychosomatik”, Psychosomatische Fachklinik St.-Franziska-Stift, Bad Kreuznach.
- 20.11.2013 *Can one think too much? Cognitions, cognitive style and health.* Center for Adaptive Rationality (ARC), Max-Planck Institute for Human Development, Berlin.
- 05.12.2013 *Can one think too much? Cognitions, cognitive style and health.* Universität Heidelberg.

- 09.05.2014 *Psychological contributions to managing diets in chronically ill patients*. XVII international congress on nutrition and metabolism in renal disease, Würzburg.
- 20.06.2015 *Self-regulation and health*. Université Catholique de Louvain, Belgium.
- 14.03.2016 *Food, eating and emotions: les liaisons dangereuses*. Keynote address, 3rd International Conference on Behavioral Addictions, March 14–16, 2016, Geneva, Switzerland.
- 21.09.2017 *Promoting health and wellbeing using nudging and boosting interventions with digital technologies*. Workshop: Health economics in the national and EU context, Luxembourg Institute of Health.
- 21.11.2017 *Von der Leidenschaft zur Sucht: über die Komplexität menschlichen Verhaltens*. 1. Nationales Suchtsymposium, Suchtverband Letzebuerg asbl.
- 27.11.2017 *Emotionsregulation und Essen: la liaison dangereuse*. Institut Grand Ducal, Luxembourg.
- 26.09.2019 *Ausbildungs- und Berufsperspektiven von Gesundheitspsychologen in Europa*. Keynote address, 14. Kongress der Fachgruppe Gesundheitspsychologie, Greifswald.
- 13.04.2021 *The impact of social isolation on psychological health*. Department of Psychology, University of Liège.
- 07.10.2021 *Soziale Isolation und Gesundheit*. Einladungsvortrag, 12èmes Journées nationales de prévention du suicide. D’Ligue.
- 15.11.2021 *Sense and sensibility of interdisciplinarity in research*. Opening keynote, inaugural symposium Institute for Advanced Studies, University of Luxembourg.
- 22.01.2022 *Bei welchen psychischen Störungen spielen Zwangssymptome eine bedeutende Rolle?* Jahrestagung der Schweizerischen Gesellschaft für Zwangsstörungen.
- 07.03.2022 Round table discussant. Conférence du MEGA et du LISER sur l'égalité entre femmes et hommes durant la pandémie du COVID19.
- 08.03.2022 Round table discussant symposium “Gender and the pandemic”. Luxembourg.
- 09.07.2022 *Interoceptive approaches to embodiment research*. Invited presentation and discussant, Federation of European Neuroscience Societies (FENS) Forum: How the brain-body interface can guide new treatments for psychiatric disorders: a dialogue between neuroscientists and clinicians. Paris.

TEACHING

Undergraduate and postgraduate teaching in Clinical Psychology, Biological Psychology, Health Psychology, Psychophysiology, Research Design and Experimentation, and Research Methods over the last 30 years at German, British and Swiss universities, and the University of Luxembourg. A complete list of teaching sessions can be made available upon request. Programme development, validation and accreditation at British universities (MSc in Health Psychology, stage I and II) and the University of Luxembourg (MSc in Psychology; MSc in Clinical Psychology/Psychotherapy).